

Issues: Teens & Relationships: Their Families, Friendships and Dates

General

[Can You Relate?: Real-World Advice for Teens on Girls, Guys, Growing up, and Getting Along](#)

Fox, Annie

The creator of an award-winning web site helps teens and young adults build healthier relationships with everyone in their lives--including themselves.

[Girlsources: A Book for and by Young Women about Relationships, Rights, Futures, Bodies, Minds and Souls](#)

Barnes, Jessica

Created by teens for teens, this book addresses real-life topics like stress and depression, menstruation, sex, pregnancy, rape, drugs and alcohol, school, friendship, dating, college, work, and discrimination.

[What's Right for Me?: Making Good Choices in Relationships](#)

Peter, Val J.

Helps teens develop their independence and identity, specifically coping with dating dilemmas, parent conflict, peer pressure, media influence, and more.

Dating Relationships

[Chicken Soup for the Teenage Soul: Love and Friendship](#)

Canfield, Jack

Teen contributors share their thoughts on break-ups, forgiveness, love and kindness, their closest relationships, and many other topics, from the happiest moments of their lives to the darkest days they struggle to put behind them.

[The Complete Idiot's Guide to Dating for Teens](#)

Rabens, Susan

A guide for teenagers teaching how to ask for a date - or accept/reject one graciously, how to keep a relationship going, decide whether going steady is right for them, deal with their date's family and friends, and handle a breakup.

[The Dateable Rules: A Guide to the Sexes](#)

Lookadoo, Justin and Hayley Morgan

Christian perspective on dating and interpersonal relationships.

[Dating and Sex: Defining and Setting Boundaries](#)

Peacock, Judith

Helps teens learn about dating relationships, includes discussion of healthy relationships, challenges couples face, making a decision about sex, and handling breakups.

[The Frogbuster: A Girls Guide to Survival in the Dating Swamp](#)

Rasmussen, PhD, Klane I.

Focuses on self awareness, pre-dating, dating, and marriage preparation.

[Getting Dumped...and Getting Over It](#)

Busby, Cylin

Filled with sound advice, unique getting-over-it activities, and real-world commentaries from the dumped (females) and dumpers (males).

[Girlosophy: The Love Survival Kit](#)

Paul, Anthea

This guide for girls and women on how to survive love and life explains how they can make sense of the patterns of their personal relationships and how those patterns fit into their individual destinies.

[On Relationships: A Book for Teenagers](#)

Kirberger, Kimberly

This book, divided into nine thematic sections, covers such topics as falling in love, unrequited love, and breaking up, and is primarily questions from teens with answers and inspiration from the author.

[Romantic Breakup: It's Not the End of the World](#)

Roy, Jennifer Rozines

Examines the issue of breaking up at the end of a romantic relationship, emphasizing that even when relationships end, people can love again.

[The Rules for Teens: How to Keep Your Crush Crushing on You and other Tips on Dating, Boys, and Relationships](#)

Schneider, Meg

Offers advice to teens for keeping relationships happy, healthy, and real.

[What Smart Teenagers Know...About Dating, Relationships, and Sex](#)

Hatchell, Deborah

Real-life stories by teenagers pepper each chapter giving the topics an edge. But, this isn't just a collection of stories. It's hands-on information that teens can use, starting immediately.

[The Why Files: When Can I Start Dating?: Questions about Love, Sex, and a Cure for Zits](#)

Watkins, James N.

Provides teenagers with helpful information about the ins and outs of dating, sex, and relationships from a Christian perspective.

Family Relationships

[Bringing Up Parents: the Teenager's Handbook](#)

Packer, Alex J.

The author mixes generous doses of humor with good common sense in a practical book about family relationships that will have much to say to both teens and parents.

[Brothers and Sisters: Born to Bicker?](#)

Sneddon, Pamela Shires

Explores various aspects of sibling relationships, including how rivalry, birth order, and growing up affect how siblings interact with each other.

[Finding Your Place: A Teen Guide to Life in a Blended Family](#)

Leibowitz, Julie

Explains the complex emotions and relationships involved in the remarriage of a parent and examines relationships with stepparents and stepsiblings.

[How Rude!: Handbook of Family Manners for Teens](#)

Packer, Alex J.

Advice on getting along with family through respect and consideration and avoiding strife.

[Parents: "They're Driving Me Crazy!"](#)

Havelin, Kate

Describes typical relationships between teenagers and their parents, reasons for conflicts, and strategies for improving relationships.

[Stepliving for Teens: Getting Along with Stepparents, Parents, and Siblings](#)

Block, Joel

This book explores a lot of the situations step families can pose to preteens and teens. The questions are from real teens and are answered by two professionals who specialize in family relationships.

Friendships

[Chillin': A Guy's Guide to Friendship](#)

Sommers, Michael A.

Provides advice on making new friends and negotiating issues such as peer pressure, acceptance, and conformity.

[Cliques, Phonies and Other Baloney](#)

Romain, Trevor

Sound advice and witty cartoons help kids deal with cliques and develop the skills needed to form positive, healthy relationships and build self-esteem.

[A Good Friend: How to Make One, How to be One](#)

Peter, Val J.

Teaches teens skills to enable them to develop self-esteem and healthy relationships with adults and other young people.

[The How Rude!: Handbook of Friendship & Dating Manners for Teens](#)

Packer, Alex J.

Uses humor to make the subject of manners easy to swallow and also makes good sense for use young people's everyday lives.

[Pedro and Me: Friendship, Loss, and What I Learned](#)

Winick, Judd

In a graphic novel format, this book describes the friendship between two roommates on the MTV show The Real World, one of whom died of AIDS.

[Teen Girlfriends: Celebrating the Good Times, Getting through the Hard Times](#)

Devillers, Julia

Interviews with more than 100 teenage girls provide a look at various aspects of friendship between young women.

[Teen Ink: Friends and Family](#)

Meyer, Stephanie (editor)

This is a collection of prose, poetry, and artwork created by teens in which they express their feelings about their relationships with friends and family members.

[You Be Me: Friendship in the Lives of Teen Girls](#)

Musgrave, Susan (editor)

In this anthology of essays, seven women present humorous, poignant, and revealing accounts of their own adolescent friendships.