

Issues: Teens & Personal Safety

Family Violence

[Battered Women](#)

Gerdes, Louise

Contains personal accounts and case studies from battered women and discusses what causes domestic abuse, where women can go for help, what their legal options are, and other related topics.

[Domestic Violence](#)

Roleff, Tamera L.

Examines the severity and prevalence of domestic violence and suggests ways that it can be prevented.

[Domestic Violence Sourcebook](#)

Berry, Dawn Bradley

Includes historical, psychological, social, familial, and legal issues related to domestic violence, as well as current information on prevention and recovery.

[Everything You Need to Know About Family Violence](#)

Stark, Evan

Discusses facts about woman and child abuse and describes what victims of abuse are doing to stop it.

[Family Violence: "My Parents Hurt Each Other!"](#)

Havelin, Kate

Describes spousal and child abuse with emphasis on its possible causes and what people have done and can do to stop it.

Personal Safety

[The Courage to Change: A Teen Survival Guide](#)

Leave Out Violence; Proulx, Brenda Zosky (comp.)

A compilation of real-life stories and photographs in which teens who have been involved with violence, whether as victims or perpetrators, overcame their challenges and dealt with the issues of bullying, neglect, self-image, domestic violence, sexual abuse, and criminal behavior.

[Gene LeBell's Grappling and Self-Defense for the Young Adult](#)

LeBell, Gene

Describes several self-defense techniques through text and illustrations, including what to do when you are choked, grabbed, punched, or put in a headlock, and features short poems that act as helpful reminders for self-defense practices.

[Girl Power: Self Defense for Teens](#)

Konzak, S.

Presents the basics of self-defense for girls in a step-by-step easy-to-understand manner.

[Safe Teen: Powerful Alternatives to Violence](#)

Roberts, Anita

Based upon a violence-prevention program that promotes self-defense and assertiveness, this book uses anecdotes, psychological theory, and role-playing exercises to offer teens strategies for protecting themselves from both physical and verbal abuse.

Conflict Resolution

[Conflict Resolution: Communication, Cooperation, Compromise](#)

Wandberg, Robert

Defines conflict, some of its effects, and how teens can deal with conflict, including violence, rape and murder. Includes self-assessments to help teens judge how well they deal with conflict.

[Coping Through Conflict Resolution and Peer Mediation](#)

Simpson, Carolyn

Offers methods for de-escalating conflicts, improving listening skills, speaking clearly and resolving conflict through peer mediation. True-to-life vignettes provide examples of these skills in action.

[Peer Mediation: Agreeing on Solutions](#)

Wandberg, Robert

Outlines and explains seven steps for an effective peer mediation process, coupled with an example of a peer mediation process between two students at school. Self-assessment tools covering peer mediation, communication skills and mentor skills are available for teens to determine if they have what is required to become a peer mediator.

Anger Management

[Anger Management](#)

Peacock, Judith

Defines anger and offers strategies for teens to manage both their own anger and their response to others' anger.

[Understanding the Human Volcano: What Teens Can Do About Violence](#)

Hipp, Earl

Offers guidance to those feeling concerned about their safety and lack of security and wishing to cope in an increasingly violent world.

Dating Violence

[Coping with an Abusive Relationship](#)

Cobb, Charlene

A guide to dealing with abusive relationships for teenagers that includes information on identifying an abusive partner, how to deal with peers, making wise dating decisions, and finding balance in life and relationships.

[Coping with Date Rape and Acquaintance Rape](#)

Parrot, Andrea

Discusses acquaintance rape issues such as victim rights, rape prevention, males as victims, and support resources. Includes personal stories and accounts.

[Date Rape: A Hot Issue](#)

Winkler, Kathleen

Discusses the myths and facts surrounding acquaintance and date rape, of both men and women, the physical and psychological consequences, ways to stay safe, and what to do if sexually assaulted.

[The Date Rape Prevention Book: The Essential Guide for Girls and Women](#)

Lindquist, Scott

Outlines the thinking and behavioral patterns of a man who rapes, the ways in which women put themselves at risk, and what women can do to protect themselves.

School Violence

[Columbine High School Shooting: Student Violence](#)

Hasday, Judy L.

Provides an account of the violent student shootings that took place at Columbine High School in Colorado in 1999.

[School Shootings and School Violence: A Hot Issue](#)

Cruz, Barbara C.

Discusses the problem of violence in schools, citing cases of shootings at Columbine High School and others, and suggests possible reasons for these incidents as well as some of the ways schools have reacted to them.

[School Violence](#)

Burns, Kate

The essays in this volume, some analytical and others personal, explore possible causes of violent behavior in students and suggest potential remedies.

Media Violence

[Bad Stuff in the News](#)

Gellman, Marc

Discusses how such problems as terrorism, child abuse, natural disasters, violence in sports, and hate crimes are reported in the media and some things that individuals can do to address these problems.

[Coping with Media Violence](#)

Cefrey, Holly

An overview of media violence that examines the role of the mass media in society and the effects of media violence, and explains to teenagers and young adults how to prevent negative consequences from exposure to media violence. Lists further resources, including organizations, books, and Web sites.

[Cybersafety: Surfing Safely Online](#)

MacDonald, Joan Vos

Points out safety issues associated with Internet usage, including adult exploitation of adolescents and children, and how to handle obscene or abusive language in a cyber chat room.

[Violence in the Media](#)

Gedatus, Gustavus

Describes media violence in movies, television, music, and video games, discussing the effect of negative messages on young people, while proposing some positive aspects of such media as well.

Juvenile Violence

[Children, Violence and Murder](#)

Worth, Richard

Provides information about child violence, discussing the various sources of the problem, looking at the tragic school shootings at Columbine, and considering ways to curtail violent behavior in children.

[Everything You Need to Know About Teens Who Kill](#)

Margolis, Jeffrey

Discusses the phenomenon of teenagers who kill, why these incidents happen, and what society can do to prevent such crimes.

[Handcuff Blues: Helping Teens Stay Out of Trouble with the Law](#)

Johnson, Toni E.

Discusses the legal implications and criminal proceedings that teens may face if they engage in such acts as drunk driving, vandalism, shoplifting, and drive-by shooting.

[Teen Violence](#)

Barbour, Scott

Presents opposing viewpoints on the problem of teen violence, discussing how serious the problem may be, its causes, and ways to reduce it.

Gangs

[Dead End Kids: Gang Girls and the Boys They Know](#)

Fleisher, Mark

Examines the forces and motivations that lead youth to join gangs, as well as the consequences of living in a gang culture.

[Gangs: Opposing Viewpoints](#)

Egendorf, Laura K.

Addresses factors that influence gang behavior, how widespread the problem of gangs is, if the criminal-justice system can reduce gang violence, and how society can end the threat of this violence.

[Hate Crimes](#)

Roleff, Tamara

Various writers and experts in the field offer their views on the definition and prevalence of gender, racial, and sexual-orientation based hate crimes, the threat hate groups pose, hate speech as it relates to the First Amendment, and hate-crime laws.

[Wallbangin': Graffiti and Gangs in LA](#)

Phillips, Susan

Explores the world of graffiti, hip-hop, and gangs, investigating the effect neighborhood, politics, and culture have on daily life for urban teens.